FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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Check this box if no longer subject	
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-028									
Estimated average burden									
hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	(Fir GELO, GO	et) (N	1. Name and Address of Reporting Person* Rossiello Anthony William				2. Issuer Name and Ticker or Trading Symbol AG Mortgage Investment Trust, Inc. [MITT]							(Chec		tor er (give title		Owner er (specify	,
		RDON & CO., I			3. Date of Earliest Transaction (Month/Day/Year) 01/31/2023						Λ	below	,	belo Treasurer	w)				
(Street)	K AVENUI	E, 26TH FLOOF			4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)					ole		
NEW YO	ORK NY	7 1	0167			X Form filed by One Reporting Person Form filed by More than One Reporting													
(City)	(Sta	ate) (Z	Zip)												Perso) I			
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benef	icially	/ Own	ed			
Date			2. Transac Date (Month/Da	Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquire Disposed Of (D) (Ins 5)					5. Amo Securit Benefic Owned Report	ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of India	rect cial ship				
								Code	v	Amount	(A) or (D) Pr		rice	Transa	ction(s) 3 and 4)		(iiisti.		
Common	Stock			01/31/	01/31/2023		023		J ⁽¹⁾		30,000 A		1	\$ <mark>0</mark>	63,334		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any		Code (8)	Transaction of Code (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4) Amount or Numb of Title Share		De Ser (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	nip of Ind Bene O) Owne ct (Insti	lature direct eficial ership r. 4)				

Explanation of Responses:

Remarks:

/s/ Jenny B. Neslin, as Attorney-in-Fact

02/02/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Represents restricted shares of common stock of the Issuer that have been awarded by Angelo, Gordon & Co., L.P. ("Angelo Gordon"), an affiliate of the manager of the Issuer, to the reporting person pursuant to a compensatory plan adopted by Angelo Gordon. The restricted shares will vest ratably in three annual installments beginning on January 31, 2024, subject to continued employment.