SEC Form 4	
------------	--

(City)

FORM 4

(State)

(Zip)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

		wasnington, D.C. 20549		OMB API	PROVAL				
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMEN	TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP							
Instruction 1(b).	Filed	pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	4	hours per respons	e: 0.5				
1. Name and Address of Reporting Person LINNEMAN PETER	m*	2. Issuer Name and Ticker or Trading Symbol <u>AG Mortgage Investment Trust, Inc.</u> [MITT]	5. Relationship of (Check all applical X Director Officer (g	, 1	s) to Issuer 0% Owner other (specify				
(Last) (First) C/O ANGELO, GORDON & CO.	(Middle) , L.P.	3. Date of Earliest Transaction (Month/Day/Year) 10/02/2023	below)		elow)				
245 PARK AVENUE, 26TH FLOO	OR	4. If Amendment, Date of Original Filed (Month/Day/Year)	Line)	nt/Group Filing (Ch					
(Street) NEW YORK NY	10167			d by One Reporting d by More than One					
	(- :)	Rule 10b5-1(c) Transaction Indication							

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	if any '	3. Transa Code (8)					Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	10/02/2023		Α		3,597	A	\$0 ⁽¹⁾	51,147	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Shares were granted to the reporting person in accordance with the Issuer's independent director compensation policy. The restricted shares are fully vested, but may not be sold or transferred during the reporting person's term of service on the Issuer's Board of Directors.

Remarks:

/s/ Jenny B. Neslin, Attorney-10/03/2023 in-Fact for Peter Linneman

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.