FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
houre por rocponeo:	0.5						

_	Check this box if no longer subject to Section 16.
1 1	Form 4 or Form 5 obligations may continue. See
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Name and Address of Reporting Person*     Durkin Thomas					2. Issuer Name <b>and</b> Ticker or Trading Symbol AG Mortgage Investment Trust, Inc. [ MITT ]								(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					ner	
				— I									- 1 '			de le class				
(Last)	(First)	(Mi	ddle)	-									<b>⊣</b> '	X	Officer (give tit		,	Other (s	ecify below)	
`					3. Date of Earliest Transaction (Month/Day/Year)									President						
C/O ANGELO, GORDON & CO., L.P.			ľ	01/31/2022																
245 PARK AVENUE, 26TH FLOOR																				
(Street)				4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Ind	6. Individual or Joint/Group Filing (Check Applicable Line)						
NEW YORK	NY	10	167										X	Form filed by	One Rep	orting Pe	erson			
														Form filed by More than One Reporting Person					on	
(City)	(State)	(Zip	))																	
			Table I -	Non-D	erivative	Securi	ties Acc	uired,	Disp	osed of	, or Be	neficially	/ Owned							
D				Date	insaction th/Day/Year	2A. Deemed Execution Date, if any		3. Transaction Code (Instr. 8) 4. Securiti			ties Acqu . 3, 4 and	isposed Of	E			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial		
						(Month/Day/Year)		Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)	
Common Stock				01/	/31/2022			J <sup>(1)</sup>		250,	000	A	\$0	\$0 272,832 <sup>(2)</sup> D				D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution Date, if any (Month/Day/Year)	4. Trans Code (In	str. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		е	Underlying Derivative Se				8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned	ve es ially	Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	V (A) (D) Date Expiration Date Expiration Date Title Amount or Number of Shares					Following Reported Transactio (Instr. 4)		(Instr. 4)								

## **Explanation of Responses:**

1. Represents restricted shares of common stock of the Issuer that have been awarded by Angelo, Gordon & Co., L.P. ("Angelo Gordon"), an affiliate of the manager of the Issuer, to the reporting person pursuant to a compensatory plan adopted by Angelo Gordon. The restricted shares will vest ratably in three annual installments beginning on January 31, 2022, subject to continued employment.

2. Reflects the Issuer's 1-for-3 reverse stock split that was effected following the close of business on July 22, 2021.

## Remarks:

See Exhibit 24 - Power of Attorney

/s/ Jenny B. Neslin, as Attorney-in-Fact 02/02/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Power of Attorney - Thomas Durkin

Know all by these presents, that the undersigned hereby makes, constitutes and appoints each of Anthony Rossiello and Jenny B. Neslin, signing (1) as necessary, prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange C(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of AG Mortgage Investment Trust, (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respective Nutriness Whereof, the undersigned has caused this Power of Attorney to be executed as of this 31st day of January, 2022.