FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
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\Box	Check this box if no longer subject to Section 16.
	Form 4 or Form 5 obligations may continue. See
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					2. Issuer Name and Ticker or Trading Symbol AG Mortgage Investment Trust, Inc. [MITT]												10% Ow	
					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2021									Officer (give ti	tle below)	Other (sp	pecify below)
(Street) NEW YORK (City)	NY (State)	10 (Zi _l	167		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indivi	vidual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Table I -	Non-D	erivative	Securi	ities Acc	uired,	Disp	osed of	or Be	neficially	Owned					
Da				Date	ate Exe		Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Dispos			isposed Of	Beneficially Ow		ned Direct (D		7. Nature of Indirect	
				(Mor	ith/Day/Year	if any (Month/Day/Year)		Code	v	Amount		(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)		Indirect (i) (Instr. 4)		Beneficial Ownership (Instr. 4)
Common Stock				07	/01/2021			A		4,7	28	A	\$0 ⁽¹⁾	11,824	11,824 D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (Ir	nstr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year)		•	Underlying Derivative Se			8. Price of Derivative Security (Instr. 5)	9. Numl derivati Securiti Benefic Owned Followi	ive ies cially	Ownership Form: Direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security			Code	v	(A)	(D)	Date Expiration N		Amount or Number of Shares		Reporte Transac (Instr. 4	ed ction(s)	(111301.4)				

Explanation of Responses:

1. Shares were granted to the reporting person in accordance with the Issuer's independent director compensation policy. The restricted shares are fully vested, but may not be sold or transferred during the reporting person's term of service on the Issuer's Board of Directors.

See Exhibit 24 - Power of Attorney

/s/ Jenny B. Neslin, as Attorney-in-Fact 07/06/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Power of Attorney

Know all by these presents, that the undersigned hereby makes, constitutes and appoints each of Anthony Rossiello and Jenny B. Neslin, signing

(1) as necessary, prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange

(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of AG Mortgage Investment Trus

(3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any sum

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 23rd day of June, 2021.

/s/ Dianne Hurley
Dianne Hurley